

## Quality of Life

We all want a great quality of life

- To feel great in the morning
- To be able to do the things we want
- To look great and feel strong

Our complex bodies depend on trillions of cells. To live and function well, cells must be fuelled properly. And when our cells are healthy, so are we.

### Nutrients in Our Diets

The primary fuel for our bodies comes from nutrients in the food we eat—without them, a high quality of life stays beyond our reach. Sadly, in today's hectic lifestyles, many people do not eat an adequate amount of fruits, vegetables and other nutritious foods. It's no wonder that some of us no longer understand what "feeling great" really means.

### Intelligent Supplementation™

As a global leader in wellness, recognized for innovations and technologies, Mannatech's mission is to spread the message of wellness around the world. Mannatech devised an Intelligent Supplementation™ philosophy. Our research team has developed cutting-edge, proprietary wellness technologies in three of the main areas of consumer concern: health, weight and fitness, and skin.

### Optimal Health Products

Mannatech pioneered the development of the world's first glyconutritional dietary supplement, Ambrotose® complex, a blend of plant-based polysaccharides, in 1996. Ambrotose® complex is the cornerstone of our Optimal Health Products, a complete, proprietary line of wellness and nutritional products designed to help maintain good health. It offers unique forms of vitamin and mineral technology, antioxidant protection, and endocrine support.

### The Mannatech Optimal Skin Care System™ **COMING SOON TO SOUTH AFRICA!**

Mannatech's Optimal Skin Care System™ products are a proprietary, water-based system, formulated without paraben preservatives\* that is designed to nourish, hydrate and revitalise skin.

### Optimal Weight and Fitness

In 1999, Mannatech pioneered a comprehensive weight-management system based on the glycemic index, which has become a mainstay in effective weight management around the world. Mannatech Optimal Weight and Fitness products, along with a kilojoule-controlled diet and exercise, help to build lean muscle, and take off unwanted fat.

### The Culture of Giving

For many, quality of life can mean finding work with purpose and, ultimately, greater financial freedom. Mannatech believes in Authentic Success—the kind that comes from focusing on the value we offer to others and being of service.

From doctors and educators to single parents and corporate executives, our Associates share a passion and commitment to making a difference in the lives of others.

Through our advanced wellness technologies, Mannatech can best serve these needs. We invite you to join those who already share in the Mannatech mission of hope, health and opportunity.

These products are not intended to diagnose, treat, cure or prevent any disease.

\*No added parabens