

Optimal Health

Every day, our bodies maintain and protect 60 trillion cells. Your body depends on the proper nutrients to do this effectively so that you can feel and look great. Unfortunately, some of the most critical, basic nutrients may be deficient from our diets. While there are thousands of supplements crowding store shelves, no one product or juice can provide everything your body needs. So how do you choose?

First, we must understand that there are certain key nutrients that can help every cell remain healthy and function optimally. That's the key to Mannatech's *Intelligent Supplementation™* philosophy. Mannatech's products help you maintain optimal health at the cellular level to improve your overall quality of life.* Healthy cells can help to create healthy bodies.

Optimal Health System

Mannatech Optimal Health System is a set of proprietary food-based products strategically developed to provide the body's cells with concentrated, standardized and stabilized sources of nutrients. Because your body can respond to them as food, it can more completely and efficiently absorb and use the nutrients.

- Mannatech's proprietary **Ambrotose® complex** is a blend of plant-sourced saccharides, and delivers nutrients not typically found in the modern diet.
- **PhytoMatrix™ caplets**, our patent-pending vitamin, mineral and phytochemical supplement, is the first supplement that combine standardized levels of plant-derived minerals, natural vitamin complexes and a blend of fully stabilized phytonutrients to nourish cells.
- **Ambrotose® AO capsules** offer antioxidant support which combines Ambrotose® complex and carefully selected antioxidants** to help protect your cells from oxidative stress.* In a clinical study, Ambrotose® AO increased antioxidant protection more than 200% than consuming **an additional 5 servings** of fruits and vegetables a day.***
- **PLUS™ caplets** provide a unique blend of standardized nutrients formulated to keep your endocrine system healthy.* The ingredients in PLUS™ support bone, prostate, breast and colon health.*

Mannatech has made it EASY to take these Optimal Health products by combining them into simple Optimal Support Packets you can drop into your purse or briefcase. Take one packet in the morning and one in the evening and you are on your way to a better quality of life.

While the Optimal Health System provides the best foundation for your daily nutritional requirements, Mannatech realizes that you may have special needs that may benefit from additional support.

- **ImmunoSTART®** helps your immune system to help fight the effects of everyday stress, irregular sleep habits and poor diet.*
- **CardioBALANCE®** heart care formula is designed to nourish your cardiovascular system through a unique herbal, vitamin and amino acid blend, including CoQ10, often depleted by cholesterol-lowering drugs.*
- **GlycoBears®** chewables are formulated especially for growing youngsters and deliver 26 essential vitamins, minerals and other vital nutrients they need in tasty berry and citrus flavors free of synthetic colors, flavors, sucrose and dextrose.
- **MannaBears™** gummy bears deliver the nutritional support of 10 dehydrated fruits and vegetables, and antioxidant support to young people. They are sweetened naturally with cane juice crystals and tapioca syrup.

Mannatech offers the gift of hope for those who desire optimal health and an improved quality of life. Our Optimal Health System exemplifies the *Intelligent Supplementation™ philosophy* – FOR YOUR ENTIRE FAMILY!

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

**Vitamins C and E, quercetin, grape skin extract, green tea extract and Australian bush plum.

***Comparison of serum ORAC values obtained in two separate clinical studies.